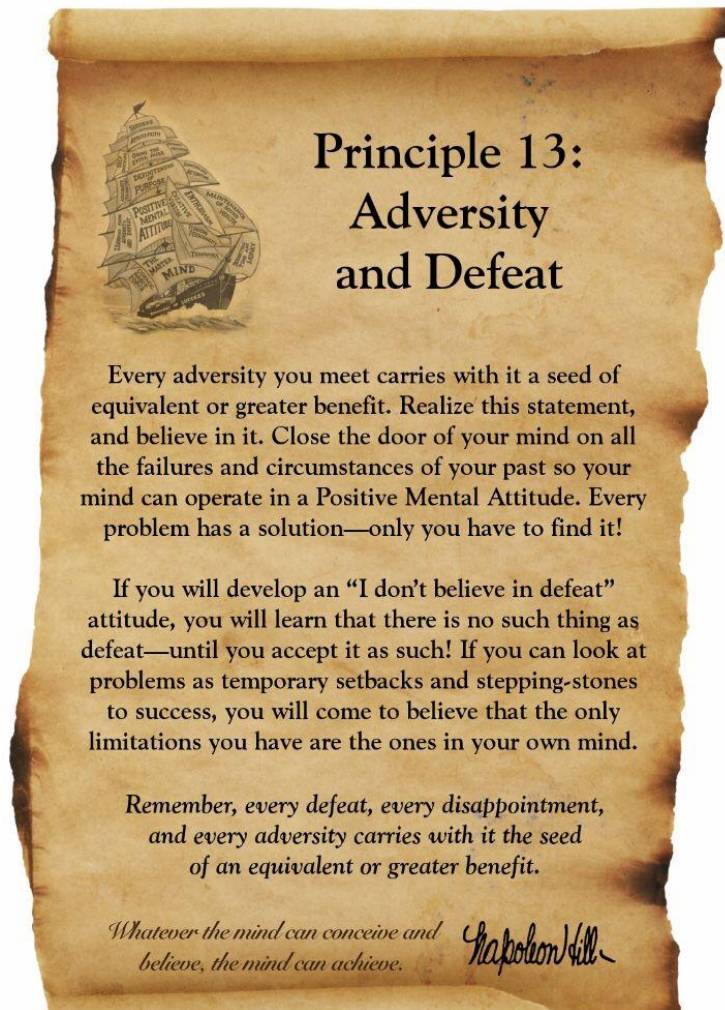


## Lesson 13 – Adversity and Defeat



With every adversity there is a seed of equal or greater benefit – Napoleon Hill

Life is like the seasons – Jim Rohn

There is duality in life

Bonus Video – Adversity and defeat [https://youtu.be/f9E1vU\\_nQRw](https://youtu.be/f9E1vU_nQRw)