

## Quotes

With every adversity there is a seed of equal or greater benefit – Napoleon Hill

Success has more to do with goal choices than abilities - Gary Ryan Blair

The past does not equal the future – Tony Robbins

Thoughts are things and things can be changed – Louise Hay

Mindsets are not fixed they are flexible – Anonymous

Our habits determine up to 90% of our normal behavior – Mark Victor Hansen

The dominating thoughts of our mind acts like a magnets attracting to use what those dominating thoughts are – Napoleon Hill

We become what we think about – Many

Do the next right thing - Anonymous

Bonus Video Track to Run on - https://www.youtube.com/watch?v=JCH6 F58UWs&t=1s